

MUSIC AND HEALING

Every known civilization around the world has used music in some form for its healing effect.



Medical facilities treat the physical body. Therapeutic music ministers to a person's spiritual and emotional needs.

Become a Certified Clinical Musician

Bring a healing presence to those in need.



Visit www.HarpForHealing.com for a program description and application.

Mary Stevens, Program Director

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HARP FOR HEALING CLINICAL MUSICIAN CERTIFICATION PROGRAM ADVANTAGES:

- **Accredited** by the National Standards Board for Therapeutic Musicians
- **Flexible** schedule: study at home according to your own schedule, no travel required
- **Science-based**, avoids mysticism, compatible with Judeo-Christian beliefs
- **Personal attention** from a credentialed, experienced mentor
- **Multiple instruments**: training may be applied to harp, guitar, voice, dulcimer, Native American Flute, and others
- **Reasonable cost**

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Clinical Musician Certification Program

*Independent Therapeutic Music Study
for Vocalists and Acoustic
Instrumentalists*



Offered by Harp for Healing, LLC



Therapeutic Music is music played to minister to the emotional, spiritual, and mental needs of a person. The therapeutic musician customizes and adapts the music as it is played, changing the rhythm, complexity, and pulse of the music to support the needs of an individual and bring him or her to a place of healing. It is not intended as a replacement for medical care, but as a supplement. By reducing stress and triggering the relaxation response, therapeutic music can bring comfort and potentially remove blockages for healing, allowing medical care and medications to be more effective.

A Certified Clinical Musician (CCM)

is a therapeutic musician who has completed the Clinical Musician Certification Program (CMCP) and has been certified to play in a variety of clinical medical settings. To attain certification, the musician has demonstrated musical proficiency on a therapeutic instrument, and an understanding and ability to combine musical elements to meet the unique and immediate individual needs of a person in need. A Certified Clinical Musician has also been trained in basic medical environment protocols and rules, and the importance of being part of a total care team.

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A Complete Certification Program

There are two levels of the Clinical Music Certification program.

- **Basic Clinical Musicianship (Level 1)**
This is the entry level to the program and provides basic grounding in therapeutic music concepts, medical environment protocols, concepts of therapeutic music, memorization and improvisational skills.
- **Advanced Clinical Musicianship (Level 2)**
This level includes further studies in the science of music and sound, further development of skills of therapeutic music, practical bedside music skills, and professional development. Certification as a Certified Clinical Musician is awarded upon completion of Level 2.

Each level may be completed at the student's own pace, but typically takes between six and twelve months to complete.



Standards for certification are set by the National Standards Board of Therapeutic Musicians (NSBTM). <http://www.nsbtm.org/> The Clinical Musician Certification program offered by Harp for Healing meets all the standards for certification and is accredited by the NSBTM. The program includes:

- Development of **therapeutic music skills** including characteristics of therapeutic music, adapting repertoire to be therapeutic, matching music to meet specific patient needs, improvisation, memorization, and continuous playing.
- Training in the appropriate **use and impact of therapeutic music styles** in various medical situations and settings
- Training in **clinical department** and protocol, codes, corporate compliance, infection control, and confidentiality
- Practical bedside music skills
- **Overviews** of anatomy, physiology and monitoring equipment
- **Hospice training** through a hospice organization
- **Business development** training in presentations and professional options
- Introduction to the **science of music and sound** and its effect on the human body, mind and spirit